



Body Wisdom Massage Therapy School

2/15/12

Classes 2012

Let us help you in designing your customized
Certification Program – call Tasha @ 515-727-4044

Date Range	Course Title (CORE / ELECTIVE)	PRE-REQUISITES
Jan 3 - 7 **	Rebalancing Level 1 (25 HOURS)	by permission
Jan 17 - 26 **	Positional Release (50 HOURS)	Anatomy/Ther. 1
Feb 3 - 11 **	Therapeutic Massage Level 1 (50 HOURS)	none
Feb 15 - 21 **	Advanced Stretching Protocol (35 HOURS)	by permission
Feb 23 - 26 **	Bamboo Massage (25 HOURS)	Therapeutic 1
Mar 5 – Apr 13 **	Physiology & Pathology MODULES 1 – 11 (8 hours/ea.)	none
Apr 14 - 17 **	Infant Massage (25 HOURS)	by permission
Apr 18 - 24 **	Geriatric (Elderly) Massage (40 HOURS)	by permission
Apr 25 - May 4 **	Therapeutic Massage Level 1 (50 HOURS)	none
May 5 - 18 **	Anatomy: Bones & Muscles (50 HOURS)	none
May 10 - 13 **	Hydrotherapy (25 HOURS)	Therapeutic 1
May 19 - 24 *	Clinical Sports Massage - LOWER BODY (50 HOURS)	Anatomy/Ther. 1
May 25 - 30 *	Clinical Aromatherapy (50 HOURS)	by permission
May 31 – Jun 8 **	Therapeutic Massage Level 2 (50 HOURS)	Therapeutic 1
Jun 9 - 12 **	Best of Asia—Spa (25 HOURS)	by permission
Jun 13 - 22 **	Pregnancy Massage (50 HOURS)	Therapeutic 1
Jul 2 - 12 **	Myofascial Therapy (50 HOURS)	Anatomy/Ther. 1
Jul 13 - 18 *	Clinical Sports Massage – UPPER BODY (50 HOURS)	Anatomy/Ther. 1
Jul 19 - 22 **	Hot Stone Reflexology (25 HOURS)	by permission
Jul 23 – Aug 1 **	Therapeutic Massage Level 3 (50 HOURS)	Therapeutic 1 & 2
Aug 2 - 5 **	Kinesiology (25 HOURS)	Anatomy
Aug 16 - 19 **	Thai Massage on the Table (25 HOURS)	by permission
Aug 20 - 29 **	Therapeutic Massage Level 1 (50 HOURS)	none
Aug 30–Oct. 13 **	Physiology & Pathology MODULES 1 – 11 (8 HOURS/EA.)	none
Sep 7 - 16 **	Business, Marketing & Chair Massage (58 HOURS)	by permission
Sep 21 - 24 **	Neuromuscular Massage (25 HOURS)	Anatomy/Ther. 1 & 2
Oct 14 - Nov 1 **	Anatomy: Bones & Muscles (50 HOURS)	none
Oct 19 - 27 **	Therapeutic Massage Level 1 (50 HOURS)	none
Nov 2 - 10 **	Deep Tissue Massage (50 HOURS)	Anatomy/Ther. 1 & 2
Nov 11 - 19 **	Therapeutic Massage Level 2 (50 HOURS)	none
Nov 26 – Dec 5 **	Lymphatic Drainage Massage (50 HOURS)	by permission
Dec 6 -- 9 **	Kinesiology (25 HOURS)	Anatomy
Dec 11 - 20 **	Therapeutic Massage Level 3 (50 HOURS)	Therapeutic 1 & 2

*Dates may be subject to change * For detailed hours please refer to our calendar of classes.*

*blue = Elective Classes ~ black = Core Classes ~ red * = day time hours ~ green** = weekend/evening hours*



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Classes 2013

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Date Range	Course Title (CORE / ELECTIVE)	PRE-REQUISITES
Jan 4 - 10 **	Advanced Stretching Protocol (35 HOURS)	by permission
Jan 11 - 14 **	Bamboo Massage (25 HOURS)	Therapeutic 1
Jan 15 - 19 **	Thai Foot Massage (25 HOURS)	by permission
Jan 20 - Feb 28 **	Physiology & Pathology MODULES 1 - 11 (8 hours/ea.)	none
Jan 25 - 28 **	European Spa Specialties (25 HOURS)	by permission
Feb 3 - 7 **	Rebalancing Level 1 (25 HOURS)	by permission
Feb 8 - 16 **	Therapeutic Massage Level 1 (50 HOURS)	none
Mar 4 - 15 **	Business, Marketing & Chair Massage (58 HOURS)	by permission
Mar 16 - Apr 4 **	Anatomy: Bones & Muscles (50 HOURS)	none
Mar 22 - 30 **	Foot Reflexology (50 HOURS)	by Permission
Apr 5 - 13 **	Positional Release (50 HOURS)	Anatomy/Ther. 1
Apr 14 - 18 **	Kinesiology (25 HOURS)	Anatomy
Apr 19 - 27 **	Hot & Stone Therapy (50 HOURS)	Therapeutic 1
Apr 28 - May 2 **	Neuromuscular Massage (25 HOURS)	Anatomy/Ther. 1 & 2
May 3 - 11 **	Shiatsu Level 1 (JAPANESE MASSAGE) (50 HOURS)	none
May 13 - 18 *	Clinical Sports Massage - LOWER BODY (50 HOURS)	Anatomy/Ther. 1
May 20 - 27 *	Clinical Aromatherapy (50 HOURS) confirmation pending	by permission
May 28 - Jun 6 **	Therapeutic Massage Level 1 (50 HOURS)	none
Jun 8 - 16 **	Jin Shin Do (Acupressure) Level 1 (50 HOURS)	none
Jun 17 - 26 **	Therapeutic Massage Level 2 (50 HOURS)	none
Jun 27 - Jul 10 *	Myofascial Therapy (50 HOURS)	Anatomy/Ther. 1
Jul 11 - 16 *	Clinical Sports Massage - UPPER BODY (50 HOURS)	Anatomy/Ther. 1
Jul 17 - 25 **	Therapeutic Massage Level 3 (50 HOURS)	Therapeutic 1 & 2
Jul 26 - 31 **	Sea Shell Massage (35 HOURS)	by permission
Aug 1 - 4 **	Infant Massage (25 HOURS)	by permission
Aug 5 - Sep 18 **	Physiology & Pathology MODULES 1 - 11 (8 hours/ea.)	none
Aug 9 - 17 **	Therapeutic Massage Level 1 (50 HOURS)	none
Aug 23 - 26 **	Thai Massage on the Table (25 HOURS)	by permission
Sep 8 - 16 **	Pregnancy Massage (50 HOURS)	Therapeutic 1
Sep 19 - 22 **	Premier Spa Indonesia (25 HOURS)	Therapeutic 1
Sep 23 - Oct 4 **	Business, Marketing & Chair Massage (58 HOURS)	by permission
Oct 5 - 23 **	Anatomy: Bones & Muscles (50 HOURS)	none
Oct 11 - 19 **	Therapeutic Massage Level 1 (50 HOURS)	none
Oct 25 - Nov 2 **	Deep Tissue Massage 50 (50 HOURS)	Anatomy/Ther. 1 & 2
Nov 3 - 7 **	Kinesiology (25 HOURS)	Anatomy
Nov 8 - 16 **	Therapeutic Massage Level 2 (50 HOURS)	Therapeutic 1
Nov 18 - 25 **	Geriatric (ELDERLY) Massage (40 HOURS)	by permission
Dec 2 - 11 **	Therapeutic Massage Level 3 (50 HOURS)	Therapeutic 1 & 2

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